



CALM COUNSELING
ON ACCESS TO
LETHAL MEANS

FREE

CALM CONVERSATIONS

**For community groups - suicide prevention coalitions -
shooting clubs - parent groups - general public**

**During this 2 hour training,
workshop participants will:**

- ✓ Learn basic facts and misconceptions about suicide, common risk factors and warning signs, and the importance of means safety in keeping at risk individuals safe.
- ✓ Learn to ask about mood and suicide, with opportunities to practice asking questions in their own words.
- ✓ Increase their knowledge of connecting at risk individuals to both formal and informal sources of support.
- ✓ Be comfortable discussing means safety and making the environment safer for the at risk individual until their mood state improves.

Training brought to you by a partnership among:



**CHOOSE ONE
VIRTUAL TRAINING:**

12/8/25 10:00A

3/10/26 5:00P

6/9/26 10:00A

OR

9/14/26 5:00P



Scan or click to register

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for questions**

**Worried about a loved one?
Work in a job that brings you into contact with individuals who might be at risk
of suicide but feel unequipped to intervene?**

Learn how you can help keep them safe - no clinical background required.