SAFETY PLANNING FOR SUICIDE PREVENTION

A safety plan is a personalized, pre-determined, and prioritized written list of coping strategies and sources of support that people can use before and during suicidal crises.

This one-hour training discusses the rationale for safety planning, practical ideas for use with clients, and a downloadable, free app to utilize in client care.

Approved for 1 CEU through NDBCE, NDBACE, and NDBSWE. Certificate of Completion provided for 1 hour for anyone who wishes to inquire to their licensing authority.



Governor's Challenge to Prevent Suicide Among SMVF North Dakota

Free suicide prevention training for providers who serve Service Members, Veterans, and their families.



Scan OR code or visit <u>https://forms.office.com/</u> <u>r/JXStCOcs0X</u> to register

Virtual via MS Teams Choose One Session Jan 7, 2025 9 a.m. March 10, 2025 2 p.m. June 11, 2025 3 p.m. Sept 9, 2025 10 a.m.

QUESTIONS

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CEU's available thanks to partnership with AMESTOWN