## **SAFETY PLANNING** FOR SUICIDE PREVENTION

A safety plan is a personalized, pre-determined, and prioritized written list of coping strategies and sources of support that people can use before and during suicidal crises.

This one-hour training discusses the rationale for safety planning, practical ideas for use with clients, and a downloadable, free app to utilize in client care.

Approved for 1 CEU through NDBCE, NDBACE, and NDBSWE. Certificate of Completion provided for 1 hour for anyone who wishes to inquire to their licensing authority.



Governor's Challenge to Prevent Suicide Among SMVF North Dakota

**Free suicide** prevention training for providers who serve Service Members, Veterans, and their families.



Scan OR code or visit <u>https://forms.office.com/</u> <u>r/JXStCOcs0X</u> to register

Virtual via MS Teams Choose One Session Jan 7, 2025 9 a.m. March 10, 2025 2 p.m. June 11, 2025 3 p.m. Sept 9, 2025 10 a.m.

QUESTIONS

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CEU's available thanks to partnership with AMESTOWN