

The cover features a large photograph of a smiling man in a military camouflage uniform holding two young children, a girl with red hair and a boy with dark hair, both smiling. The background is a blurred outdoor setting with other people. A large North Dakota state flag is visible in the upper left corner. A dark blue diagonal banner runs across the middle of the cover.

NORTH DAKOTA MILITARY

data book

2020



ndcares.org

The purpose of the North Dakota Military Data Book is to provide our coalition members, the Legislature, and all stakeholders working on behalf of military and veterans, with the most current data on service members and veterans in North Dakota and nationally. This data provides all entities with a common frame of reference as we work together to maintain North Dakota's strong record as a supportive state for service members, veterans, families and survivors.



A close-up photograph of a man in a military uniform, smiling and being embraced by a woman. The man's face is in profile, looking down, and the woman's hand is visible on his shoulder. The background is blurred, showing what appears to be an indoor setting with a blue screen.

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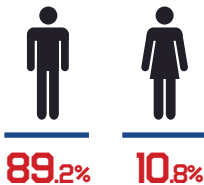
15

DEMOGRAPHICS

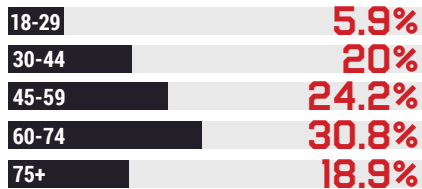


There are an estimated
53,608 VETERANS
in North Dakota

GENDER

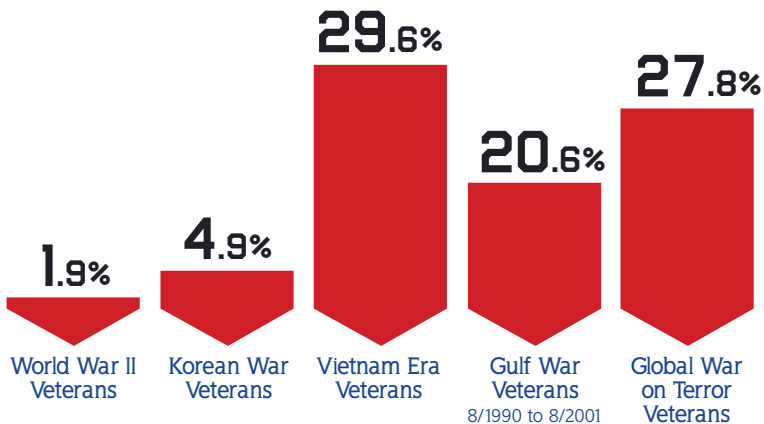


AGE



WARTIME PERIOD OF SERVICE

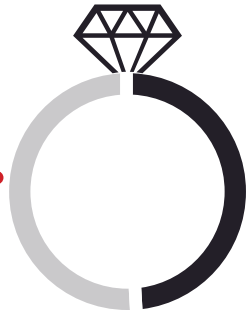
of remaining North Dakota Veterans



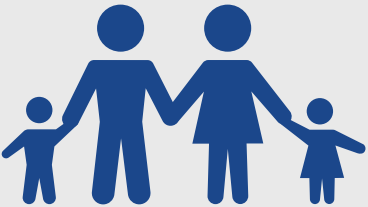
NOTE: 17.2% of ND Veterans are from Peacetime periods of service.

MARRIAGE & CHILDREN

Nationally **48.7%**
of Department of Defense military
members are reported as married.

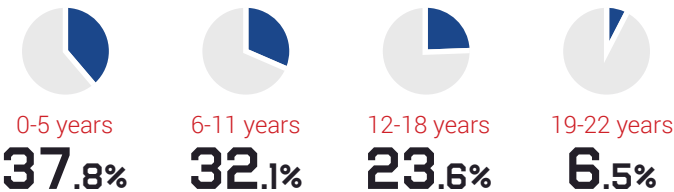


38.8%
of the total military
force in the nation has
children.



Note: Children include minor dependents age 20 or younger or dependents age 22 and younger enrolled as full-time students.

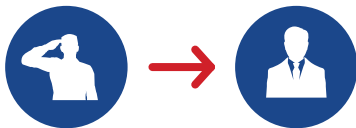
AGE OF MILITARY CHILDREN



This information depicts the distribution of Active Duty and Selected Reserve children by age group. Across the DoD, there are 1,650,464 military children.

Note: Children ages 21 to 22 must be enrolled as full-time students in order to qualify as dependents; percentages may not total to 100 due to rounding.

EMPLOYMENT



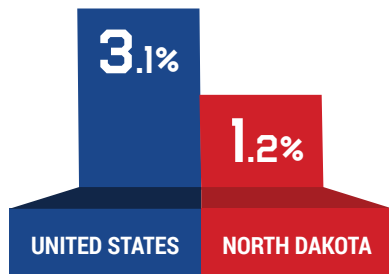
North Dakota employment and education legislation greatly contributes to veterans' success in the job market:

- 2011 - S2060 - State Employees and Honor Guard Leave
- 2013 - H1104 - Definition of Nonresident and Resident Student
- 2013 - H1272 - Resident Tuition for Spouses and Dependents of Veterans
- 2013 - State Board of Higher Education
- 2015 - H1127 - Resident Students for Tuition Purposes
- 2015 - H1131 - Employment Preference for Veterans
- 2019 - H1046 - Higher Education Grants
- 2019 - H1337 - Emergency Medical Services Personnel Licensure
- 2019 - S2306 - Military Member Occupational Licensure

North Dakota Dept. of Veterans Affairs - nd.gov/veterans/legislation

UNEMPLOYMENT RATE OF VETERANS

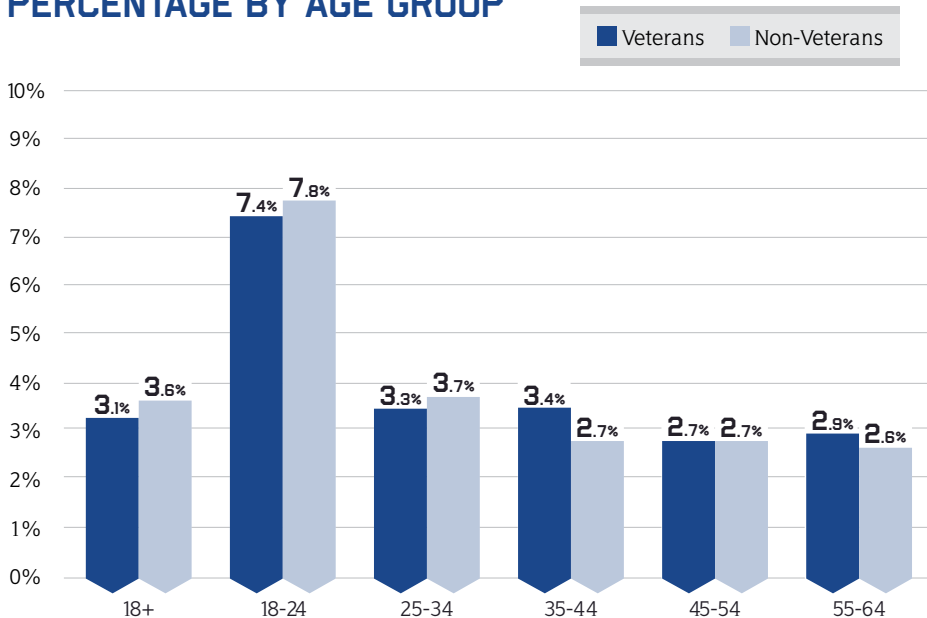
(age 18 and older)



Bureau of Labor Statistics, 2019 annual average

BLS - Employment Situation of Veterans
2018-2019, Table 6A

UNITED STATES VETERAN UNEMPLOYMENT PERCENTAGE BY AGE GROUP



2019 Veteran Employment Update (Current Population Survey (CPS)); Veterans' Employment & Training Service; U.S. Department of Labor

HOMELESSNESS

613

ND VETERANS
SERVICED

9%

Females

Five year average, ND
Homeless
Management
Information System
(HMIS), 2020

91%
Males



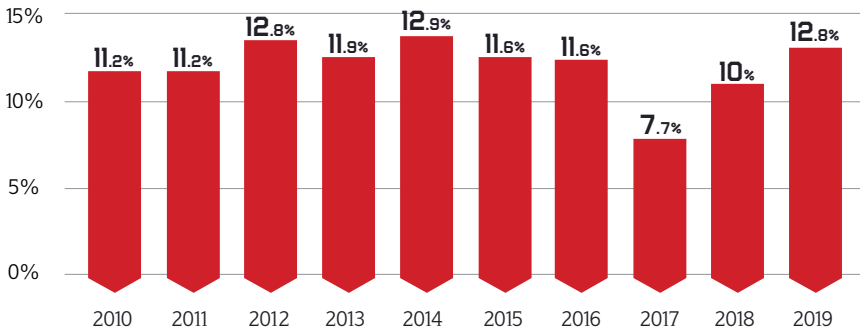
1091

individuals served in the VA
Fargo VA HCS Homeless
Program in 2019.

45% had disabilities and 62%
had chronic health conditions.
This includes veterans who are
homeless and those at the risk
of being homeless.

VA Fargo Healthcare System
data received December 9, 2020

PERCENTAGE OF HOMELESS INDIVIDUALS RECEIVING SERVICES IN NORTH DAKOTA WHO ARE VETERANS



ND Homeless Management Information System, data prepared on August 10, 2020.

IN NORTH DAKOTA, HOMELESS VETERANS...



38% have disabilities



16% have a chronic health condition



37% have mental illness



68% are age 45 or older



15% have substance abuse issues



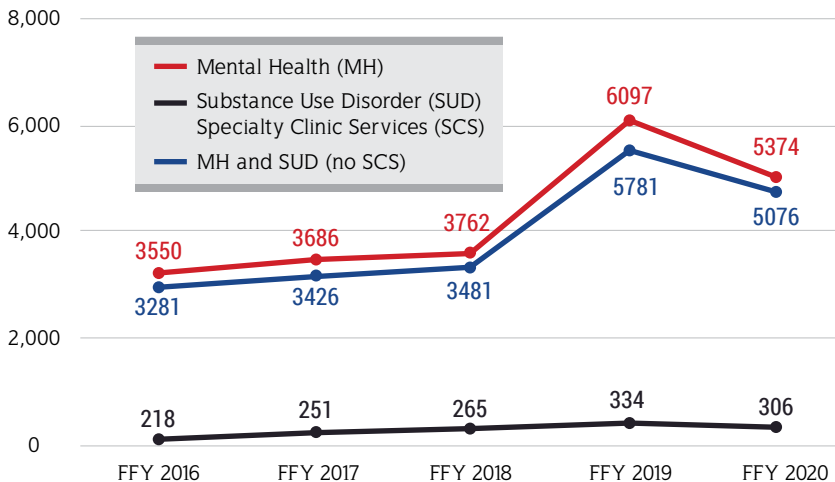
14% have children

Five year average, ND Homeless Management Information System, data prepared on August 10, 2020.

BEHAVIORAL HEALTH

VETERANS ADMINISTRATION (VA) FARGO

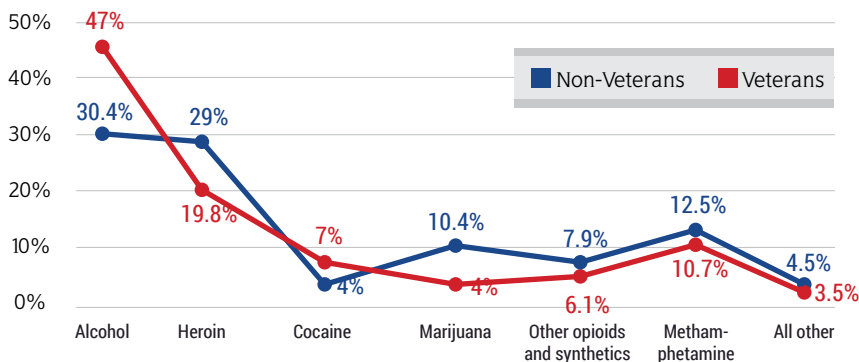
Number of Veterans who received behavioral health services from Veterans health in North Dakota



US Department of Veterans Affairs; Fargo VA Health Care System; Mental Health Services

For the purposes of VA health benefits and services, a person who served in the active military service and who was discharged or released under conditions other than dishonorable is a Veteran.

NATIONAL ADMISSIONS TO SUBSTANCE ABUSE TREATMENT BY VETERANS STATUS AND PRIMARY SUBSTANCE OF ABUSE



Treatment Episode Data Set 2017: Admissions to and Discharges from Publicly Funded Substance Abuse Treatment. Substance Abuse and Mental Health Services Administration 2019.



In FY 2019, ND Human Service Centers served 280 clients who were veterans or individuals who served in the military. Of those, 90 received mental health services, 65 received substance abuse services, and 125 received both.

ND Department of Human Services; Statewide Field Services Administration; 2020

VETERANS JUSTICE OUTREACH (VJO) MISSION

To avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible justice involved Veterans have timely access to VHA services as clinically indicated.



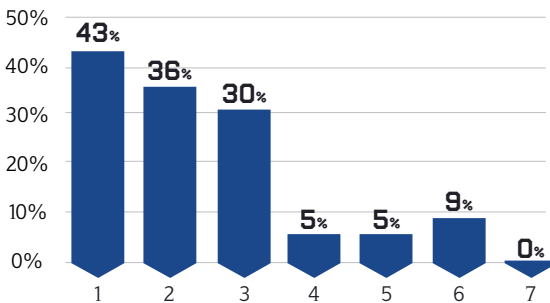
In 2019,
168 VETERANS
received services from the
VJO Office, Fargo VA.

71% report Mental Health issues

46% report Substance Use issues

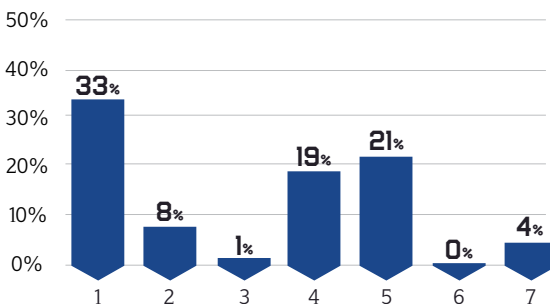
Veterans Justice Program: Connecting Veterans with Veterans Health Administration Mental Health and Substance Abuse Disorder Treatment, Fargo VA Health Care System, received on October 2, 2020

PREVALENCE OF MENTAL HEALTH DISORDER DIAGNOSES



1. Depressive disorders
2. Post-traumatic stress disorder
3. Anxiety disorders
4. Bipolar disorders
5. Schizophrenia
6. Personality disorders
7. Other psychosis

PREVALENCE OF SUBSTANCE USE DISORDER DIAGNOSES



1. Alcohol use disorder
2. Opioid use disorder
3. Cocaine use disorder
4. Amphetamine use disorder
5. Cannabis use disorder
6. Sedative use disorder
7. Other drug use disorders

SUICIDE

Nationally, active duty service members who died by suicide are primarily enlisted, male, and under 30 years of age.



In 2019, North Dakota veterans who died by suicide used firearms in

73.7%

of occurrences.

NOTE: ALL WERE MALE
ND Vital Records, Nov. 16, 2020

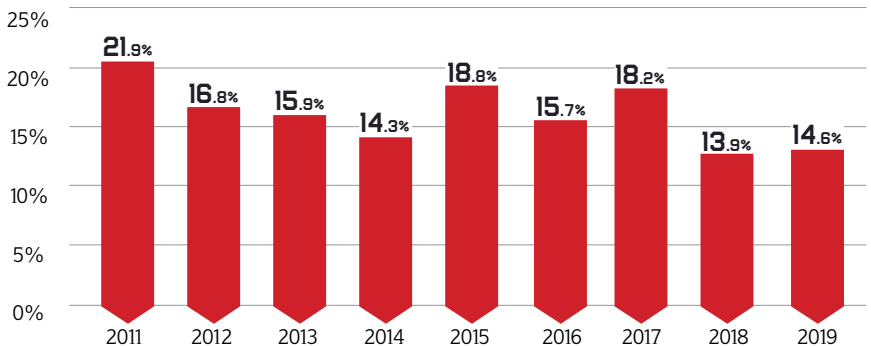
The Fargo VA Suicide Prevention Team provides FREE gun locks to veterans, their families, active duty and National Guard service members.



Recent estimates suggest that nationally
19 VETERANS
may die by suicide each day.

VA Suicide Prevention Annual Report
2020, November 16, 2020.
<https://www.mentalhealth.va.gov/docs/data-sheets/2020/2020-National-Veteran-Suicide-Prevention-Annual-Report-11-2020-508.pdf>

NORTH DAKOTA VETERANS WHO LOST THEIR LIVES BY SUICIDE AS PERCENT OF ALL NORTH DAKOTA SUICIDES



Vital Records, ND Department of Health

The causes of suicide are complex and may be the result of multiple factors, including mental illness, substance abuse, painful losses, exposure to violence, and social isolation.

The most critical risk factors for suicide are prior suicide attempts, mood disorders (such as depression), alcohol and drug use, and access to lethal means.

TBI & PTSD

A Traumatic Brain Injury (TBI) is caused by a

BUMP

BLOW

JOLT

to the head or a penetrating head injury that disrupts the normal function of the brain.



Individuals with TBI are at an increased risk of depression, anxiety, suicide and, involvement in the criminal justice system.

E.J. Shiroma, P.L. Ferguson, E.E. Pickelsimer. Prevalence of traumatic brain injury in an offender population: a meta-analysis. *J Correctional Health Care*, 16 (2) (2010), pp. 147-159
Prevalence of and Risk Factors for Anxiety and Depressive Disorders after Traumatic Brain Injury: A Systematic Review. Annemieke C. Scholten, Juanita A. Haagsma, Maryse C. Cnossen, Miranda Olff, Ed F. van Beeck, and Suzanne Polinder. *Journal of Neurotrauma*. Nov 2016. ahead of print
Caution <http://doi.org/10.1089/neu.2015.4252> Published in Volume: 33 Issue 22: November 15, 2016
Madsen T, Erlangsen A, Orlovskaya S, Mofaddi R, Nordentoft M, Benros ME. Association Between Traumatic Brain Injury and Risk of Suicide. *JAMA*. 2018;320(6):580-588. doi:10.1001/jama.2018.10211

POSTTRAUMATIC STRESS DISORDER (PTSD)

Research suggests that for Veterans with PTSD, the strongest link to both suicide attempts and thinking about suicide is guilt related to combat. Many Veterans have very disturbing thoughts and extreme guilt about actions taken during times of war. These thoughts can often overwhelm the Veteran and make it hard for him or her to deal with the intense feelings.

VA National Center for PTSD 2020 Article - Suicide and PTSD:
ptsd.va.gov/understand/related/suicide_ptsd.asp

SYMPTOMS OF PTSD

- 1** Reliving the event, also called re-experiencing symptoms.
- 2** Avoiding situations that remind you of the event.
- 3** Having more negative beliefs and feelings.
- 4** Feeling keyed up, also called hyperarousal.

Military Health System 2020 Article: Posttraumatic Stress Disorder:
<https://health.mil/Military-Health-Topics/Conditions-and-Treatments/Mental-Health/Post-Traumatic-Stress-Disorder>



ABOUT ND CARES

MISSION: STRENGTHENING AN ACCESSIBLE, SEAMLESS NETWORK OF SUPPORT FOR SERVICE MEMBERS, VETERANS, FAMILIES, AND SURVIVORS.

The purpose of ND Cares is to resolve barriers or gaps in services to ensure those serving and those who have served, their families, and survivors receive the care and assistance they need.

The ND Cares Coalition includes a broad spectrum of military and civilian professionals dedicated to the support of North Dakota Service Members, Veterans, Families, and Survivors (SMVFS).

The coalition uses the broadest definition of Veteran and is working to encompass all individuals who are currently serving or who have served – the “total force.”

ND Cares is not a provider of services; rather, it is dedicated to improving understanding of the needs and services required by our SMVFS.

PRIMARY GOAL

Break down barriers to the
use of Behavioral Health
Services

ND CARES STRATEGIC FOCUS

1.

Partnerships and capacity-building

2.

Training and education

3.

Internal and external
communication

RESOURCES

NORTH DAKOTA

capnd.org

Community Action Partnership of North Dakota

jobsnd.com

Statewide listing of available jobs

legalassist.org

Low-income legal services

myfirstlink.org

24-hour referrals to crisis services - Dial 211

nd.gov/veterans

North Dakota Department of Veterans Affairs

behavioralhealth.nd.gov/prevention/suicide

Behavioral Health Division Suicide Prevention

nd.gov/dhs/services/

Department of Human Services and Help Listing

ndguard.nd.gov/service-member-family-support-0

National Guard Support Programs

prevention.nd.gov

Substance Abuse Prevention Media Center

parentslead.org

Assists parents to promote behavioral health for their children

NATIONAL

fargo.va.gov/services/caregiver

VA caregiver services support resources

maketheconnection.net

Veterans share real stories of recovery, local mental health resources

militaryonesource.mil

Support for military personnel and families

psycharmor.org

Training videos to educate the civilian community about military culture

samhsa.gov

Substance Abuse and Mental Health Services Administration

va.gov

U.S. Department of Veterans Affairs

va.gov/homeless/hudvash.asp

VA Veterans Homeless Housing Programs



TO REQUEST COPIES

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PHONE : 701.328.8919



Strengthening an accessible,
seamless network of support for
Service Members, Veterans,
Families, and Survivors.



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